# **Kickof**

# 15 mg/5 ml Syrup

### **Ambroxol Hydrochloride BP**

#### Composition

Kickof Syrup: Each 5 ml syrup contains Ambroxol Hydrochloride BP 15 mg.

#### Indications

Kickof (Ambroxol) is used in conditions where there are a lot of thick secretion or mucus in air passage like

- \* Productive cough
- \* Acute and chronic inflammatory disorders of respiratory tracts associated with viscid mucus including acute and chronic bronchitis.
- \* Inflammatory diseases of rhinopharyngeal tract (e.g. laryngitis, pharyngitis, sinusitis and rhinitis) associated with viscid mucus.
- \* Asthmatic bronchitis, asthma with thick expectoration
- \* Bronchiectasis
- \* Chronic pneumonia

#### Pharmacology

Kickof (Ambroxol) is a mucolytic expectorant, helps to clear chest by thinning the mucus in air passage. Chemically, Ambroxol is the active metabolite of bromhexine and possesses a greater bronchosecretolytic effect than bromhexine. Ambroxol improves sputum rheology by hydrating mechanism leading to liquefication of mucus in the lumen of respiratory tract, thus facilitating expectoration of mucus and reducing dyspnea. It stimulates production of phospholipids of surfactant by alveolar cells, thus contributing to the lowering of superficial tension in the alveoli. It also reduces bronchial hyper-reactivity to stimuli. Ambroxol has anti-inflammatory properties owing to the inhibitory effect on the production of cellular cytokines and arachidonic acid metabolites. Ambroxol improves airway patency in patients with COPD.

#### **Dosage and Administration**

**Kickof** (Ambroxol) should be taken after meal. Dosage should be individualized, depending on patient's condition and response. The usual recommended doses are -

Adults & Children over 10 years: 30 mg (10 ml Kickof Syrup) 3 times a day

#### Children:

Under 2 years of age : 7.5 mg (2.5 ml Kickof Syrup) 2 times a day or

as recommended by Physician

2-5 years of age : 7.5 mg (2.5 ml Kickof Syrup) 2-3 times a day 5-10 years of age : 15 mg (5 ml Kickof Syrup) 2-3 times a day

#### Contraindications

Kickof is contraindicated in patient with known hypersensitivity to Ambroxol or Bromhexine.

#### **Precautions**

Ambroxol should be given cautiously to patients with gastric and duodenal ulceration or convulsive disorders. Patients with hepatic and renal insufficiency should take it with caution.

#### In Pregnancy and Lactation

Teratogenic and fetal toxicity studies have shown no harmful effect of Ambroxol. However, it is advised not to use it in pregnancy, especially during the 1<sup>st</sup> trimester. Safety during lactation has not yet been established.

#### Side Effects

Epigastric pain, gastric fullness may occur occasionally. Rarely allergic responses such as eruption, urticaria or angioneurotic edema has been reported.

## **Drug Interaction**

Ambroxol should not be taken simultaneously with antitussives (e.g. Codeine) because phlegm, which has been liquefied by Ambroxol might not be expectorated.

#### **Storage Condition**

Store below 30°C temperature, dry place and away from light. Keep all medicine out of the reach of children.

#### How supplied

Kickof Syrup : Each pet bottle containing 100 ml syrup.

